



*LINDA MABEE, M.S.
NCC
LPC_MH, QMHP*

STRONGHOLD COUNSELING SERVICES, INC. IS PLEASED TO INTRODUCE TO YOU

I would like to take this opportunity to introduce myself as a clinical therapist at Stronghold Counseling Services, Inc.

I became part of SCS as an intern in July 1996. I completed my Masters of Science Degree at SDSU in December 1996 and was invited to remain at SCS. I am currently a National Certified Counselor, a Licensed Professional Counselor - Mental Health, and a Qualified Mental Health Professional.

Undergraduate studies included a Bachelor's Degree in Nursing. I was a clinical hospital nurse for 3 ½ - 4 years, including 1 ½ years as a clinical instructor. I was then a stay-at-home mom until I worked part time as an office manager and part-time RN. I then returned to the Masters program in Counseling at SDSU.

My clinical focus is on clinical issues of childhood trauma, eating disorders, body image, codependency, anxiety, depression, divorce, life stressors, and grief. I assist mainly adult women but also work with teen girls.

I use a Biblically based therapy reflecting God's love and grace.

I am available for trainings, seminars, and community education.

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