

**STRONGHOLD COUNSELING SERVICES, INC.  
IS PLEASED TO INTRODUCE TO YOU**



**DR. JAMIE C.  
CHAMBERS,**  
*LICENSED  
PSYCHOLOGIST  
LICENSED MARRIAGE  
& MARITAL  
CERTIFIED CHEMICAL  
DEPENDENCY*

I would like to take this opportunity to introduce myself as one of the founding partners at Stronghold Counseling Services, Inc. as of January 1994. I am a transplant to Siouxland, as I am originally from Denver, Colorado, but found my way here by way of central Kansas.

I received my bachelor's degree in Art and Education in 1983 from Sterling College in Sterling, Kansas. I moved on from there to receive my master's degree in counseling from North American Baptist Seminary here in Sioux Falls, South Dakota in 1985. Immediately following the completion of my master's program, I applied and entered the doctoral program at the University of South Dakota at Vermillion, completing my doctorate in counselor education with an emphasis in family therapy in 1992.

I am a Licensed Psychologist in the state of South Dakota and a Licensed Marriage and Family Therapist. I have been trained in Adlerian Individual Psychology throughout both my master's and doctoral studies. This approach is very helpful when examining the impact of family life on life style decisions. I am also trained as a Certified Chemical Dependency Counselor, Level III and since 1985 have worked extensively with adolescents and adults who are dealing with chemical dependency issues.

I am capable of providing family, group, couples, individual and play therapy services. I have been trained to assist people in addressing the following issues: Chemical dependency and codependent family living, abuse issues, marriage issues, parent/child and parent/teen conflicts, disordered eating issues, spiritual abuse issues and offer clinical supervision and program management.

Graceful living is the organizing theme of my practice. I believe that in assisting others in the enterprise of living, we need to learn how to honestly and mercifully confront the problems of life in a manner that minimizes avoidance and defensiveness and maximizes responsible relationships and problem solving.

I am also available for community outreach services,

