



**Patricia LaVelle
Ed. S.,
LPC-MH, LMFT,
QMHP,
LSCI Certified**

**STRONGHOLD COUNSELING SERVICES, INC.
IS PLEASED TO INTRODUCE TO YOU**

I would like to take this opportunity to introduce myself as a clinical therapist at Stronghold Counseling Services, Inc. (SCS) since 2004. I am originally from Sioux City, Iowa, but ended up here by way of Chicago. I have been a mental health counselor in Sioux Falls for 19 years.

I received my bachelor's degree in Psychology in 1986 from Augustana College in Sioux Falls. My Master's Degree in counseling came from North American Baptist Seminary in Sioux Falls in 1989. I worked in private practice for ten years before entering the doctoral program at the University of South Dakota in Vermillion. I completed my doctorate in counselor education in 2008.

I am a Licensed Professional Counselor-Mental Health in the State of South Dakota and a Licensed Marriage and Family Therapist. I am also trained as a Level II counselor in EMDR (Eye Movement Desensitization and Reprocessing.) This approach is very helpful with the impact of trauma on people's lives and their innate ability to heal their trauma.

I am capable of providing family, couple, individual, and play therapy services. I have been trained to assist people with the following issues: abuse, marriage, parent/child conflicts, post-traumatic stress, anxiety, and depression. I am also available to offer clinical supervision.

I believe it is important to meet clients where they are on the journey of life. Through honestly confronting problems in life, it is possible to live in a life-giving way.

I am also available for seminars, training, and workshops.

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