



**Dr. Myra J.
Heckenlaible-Gotto,
Ed.D.,**

**Licensed Psychologist,
Registered Play Therapist
and Supervisor
School Psychologist**

**STRONGHOLD COUNSELING SERVICES, INC.
IS PLEASED TO INTRODUCE TO YOU**

I would like to take this opportunity to introduce myself as a licensed psychologist at Stronghold Counseling Services, Inc. I practice out of our Windom, Minnesota office which was established in January 2007.

I received my bachelor's degree in Special Education and Psychology from Augustana College in Sioux Falls, SD in 1985. While educating children and adolescents with disabilities in public schools and hospital-based locked facilities, I earned my Master's Degree in Special Education with an emphasis on Emotional/Behavioral Disorders from the University of South Dakota in Vermillion, South Dakota in 1989. In order to further my knowledge, I entered the doctoral program at the University of South Dakota in Vermillion completing my doctorate in educational psychology and counseling with an emphasis in school psychology in 1996. I moved to Minnesota and for the next ten years I had the opportunity to work as a school psychologist before providing therapeutic services in a day treatment program.

I am a Licensed Psychologist, School Psychologist, and Special Education teacher in the state of Minnesota. I have received certification through the National Organization of the Association for Play Therapy as a registered Play Therapist and Supervisor . I am presently a Senior trainer in Response Ability Pathways.

I am capable of providing individual, group, child/parent, and play therapy services. I have been trained to assist children, adolescents, and adults dealing with trauma issues, anger management, parent/child or parent/teen conflicts, anxiety, depression, and divorce.

I believe that through God's love and grace, people can obtain the strength to walk through life's most difficult journeys. Sometimes we need help on that journey. The Serenity Prayer provides a blessed message, "God, grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference".

I am available for seminars, educational services, and workshops.

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