

Discussion questions for 11/18/10

1. How do you view yourself as dealing with racism as an individual? Do you accept the idea that you could be contributing to oppression by maintaining the status quo of the mental health profession?
2. Do you feel that a person of the same ethnicity as the client is better able to counsel him or her than a White person counseling the person of an ethnic minority? Why or why not?
3. Describe the behavior patterns that ethnic minorities may display as a result of racism and ethnocentrism.
4. Can you identify a list of situations that you (a White person or an ethnic minority) experience as White privilege in day-to-day life? How do you think this affects people who are not receiving this privilege?